

# SCRIPTURE CARD GUIDE FOR GROUP DISCUSSION

"THE HEALING" SEPTEMBER 25 & 26

## SERIES OVERVIEW:

More than any other historical figure Jesus has been studied and written about and yet so many still wonder, who is Jesus, really? Cutting through the noise is the fast paced action packed Gospel of Mark. Mark presents the life of Jesus in two symmetrical acts: His IDENTITY as the King over all things and His PURPOSE in dying on the cross. As we explore the life of Jesus we will find Him to be unpredictable but reliable, meek but powerful, authoritative but humble, human but divine. As we encounter Jesus we must all consider the significance of the life of Jesus the King in our own lives.

*Follow the directions below for a guided group discussion with a friend, in a family, small group, etc.  
Grab a Scripture Card (printed or electronic) and simply follow steps from 1 to 6 on this page and the next.*

1

## OPENING PRAYER:

*About 4 minutes*

Read Psalm 51:5-11 aloud. Spend some time in silent reflection and confession. Then ask a volunteer to open in prayer.

2

## BIG IDEA:

*About 1 minute to read*

Through the forgiving and healing of a paralyzed man Jesus shows us the healing that can bring us true fulfillment.

3

## INTRO QUESTION:

*About 15 minutes*

What is most important to you in your current stage of life right now? Why?



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Seeing their faith, Jesus said to the paralyzed man, "My child, your sins are forgiven."  
- Mark 2:5 NLT

**Reflect** 

**Read the full passage in your Bible - Mark 1:35-38, 2:1-12.**  
What word or phrase is the Holy Spirit highlighting from the scripture reading?

What might God be calling you to repent of or realign in your life?

What would acting upon this or obeying God look like? Be curious...and then do it.

4

## SCRIPTURE READING + GROUP DISCUSSION

*About 40-45 minutes*

See Mark 2:1-11. In what ways does Jesus show He is God in this passage?

How do you think the man might have felt when Jesus forgives his sins with many of the religious leaders and people from his community there?

How do you think the man felt when Jesus heals him to walk again?

Jesus knows our biggest issue is not our suffering, but our sin. Here Jesus heals both. Reflect: In what ways do you need Jesus to forgive your sin today? In what ways would you like Him to bring healing to your current suffering?



## DISCUSSION HELP:

Use follow-up questions to take the discussion deeper. Guide answers to be honest and real.

**Can you say more about that?**

**How have you seen that play out in your life?**

**What does that stir up in you?**

**Has anyone else had a similar thought or experience?**

**What might God be inviting you to do?**

## 5 LIVE IT OUT:

About 1 minute

Read this section aloud. Invite the group to take the steps suggested.

# TAKE IT DEEPER



**Live It Out** 

*Who is someone in your life who needs to experience forgiveness and healing? Lift them up in prayer each day this week. How could you tell them that this is available in Jesus? Ask a trusted friend to pray for you to step out in faith... and trust God to lead you.*

**Pray** 

Jesus always looks at the heart. As you read these scriptures, what kind of healing does your heart need? Share that with God.

What are your deepest longings (maybe even things you've never shared)? Tell God about these.

Thank God for his power to forgive and to heal.

## 6

### CLOSING GROUP PRAYER:

About 15 minutes

Read the prayer section on the card aloud, and take a moment of silence for each person to reflect on the prayer prompt personally.

The leader or apprentice may also take additional prayer requests at this time. The group time can be closed with the following prayer:

*"Heavenly Father, you are a good, good Father. You know us so well and You love us no matter what. You know all the ways we have failed You and others, and You know our deepest longings and needs. Lord, we take a moment of silence now to pray both our failures and longings now...[allow a time of silence] Forgive us for the times when we believe that our hopes and dreams can bring fulfillment. Help us more and more to see and understand that what we really need is Your forgiveness. Thank you for giving it to us so abundantly through Your Son Jesus. Help us go in the joy and peace that only He can give. Amen."*