

# SCRIPTURE CARD GUIDE FOR GROUP DISCUSSION

## "THE POWER" OCTOBER 9 & 10

### SERIES OVERVIEW:

More than any other historical figure Jesus has been studied and written about and yet so many still wonder, who is Jesus, really? Cutting through the noise is the fast paced action packed Gospel of Mark. Mark presents the life of Jesus in two symmetrical acts: His IDENTITY as the King over all things and His PURPOSE in dying on the cross. As we explore the life of Jesus we will find Him to be unpredictable but reliable, meek but powerful, authoritative but humble, human but divine. As we encounter Jesus we must all consider the significance of the life of Jesus the King in our own lives.

*Follow the directions below for a guided group discussion with a friend, in a family, small group, etc.  
Grab a Scripture Card (printed or electronic) and simply follow steps from 1 to 6 on this page and the next.*

1

### OPENING PRAYER AND MEDITATION:

*About 4 minutes*

Ask a volunteer to open in prayer. Read Psalm 46:10 *slowly* four times. Remove a few words each time. Leave time for silent meditation after each reading.

- 1) Read, "Be still and know that I am God."
- 2) Read, "Be still and know."
- 3) Read, "Be still."
- 4) Read, "Be"

2

### BIG IDEA:

*About 1 minute to read*

In an instant with three words Jesus stops a hurricane and calms the water. This same Jesus would endure the ultimate storm of the cross on our behalf. The power of Jesus is terrifying until we see it directed to us through the ultimate gift of faith.

3

### INTRO QUESTIONS:

*About 15 minutes*

Share a high and a low from your life since the group last met. How have you seen the hand of God in these situations?



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When Jesus woke up, he rebuked the wind and said to the waves, "Silence! Be still!" Suddenly the wind stopped, and there was a great calm.  
- Mark 4:38 NLT

### Reflect

**Read the full passage in your Bible - Mark 4:35-41.**

What word or phrase is the Holy Spirit highlighting from the scripture reading?

What might God be calling you to repent of or realign in your life?

What would acting upon this or obeying God look like? Be curious...and then do it.



### DISCUSSION HELP:

Use follow-up questions to take the discussion deeper. Guide answers to be honest and real.

**Can you say more about that?**

**How have you seen that play out in your life?**

**What does that stir up in you?**

**Has anyone else had a similar thought or experience?**

**What might God be inviting you to do?**

4

### SCRIPTURE READING + GROUP DISCUSSION

*About 40 minutes*

Reflect on times in your life when you have been afraid. What types of situations cause you worry or fear?

In what ways has your faith in Jesus helped you in the midst of these fearful situations?





What description or attribute of God, is helpful for you to call on or remember in the midst of storms in your life? (Here are a few to get your thinking started: Redeemer, Healer, Comforter, Counselor, the Good Shepherd, Almighty, Holy, The Way the Truth and the Life, Friend of sinners, Shield, Rock, etc.)

## 5 LIVE IT OUT:

About 1 minute

Read this section aloud. Take a moment now to consider someone. Pray for this person in the prayers below.

# TAKE IT DEEPER

### Live It Out

*Who is someone you know who is facing a storm in their life? #1 pray for them...that Jesus would reveal himself and his presence with them (in the storm) and #2 Reach out to them with kindness and compassion.*

### Pray

In the midst of a storm in your life, have you ever wondered, “Jesus, do you care?” Talk to God about that.

What storm are you facing that you need Jesus to speak to, to calm? Tell him about it. Cry out for his help.

Thank Jesus for enduring the ultimate storm on the cross.

## 6

### CLOSING GROUP PRAYER:

About 10 minutes

Read the prayer section on the card aloud, and take a moment of silence for each person to reflect on the prayer prompt personally.

Write your name on the top of an index card with a sentence describing the storm in your life that you want Jesus to step into.

Half way down the index card, write the first name of someone else you know who is facing a storm in their life and a word or two describing their storm.

Pass the index card to the person on your right. Pray aloud in a circle prayer for the two people on the card you hold. The leader or apprentice can begin and end in prayer using the prompts on the Scripture Card.

Pray for the people on the card you received throughout the week.