

w e e k e n d m e s s a g e s e r i e s



# Jesus THE King



**October 2 & 3, 2021**

<sup>27</sup> Then Jesus said to them, “The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath. <sup>28</sup> So the Son of Man is Lord, even over the Sabbath!”- Mark 2:27-28 NLT

## Reflect

**Read the full passage in your Bible - Mark 2:23-28, 3:1-6.**

What word or phrase is the Holy Spirit highlighting from the scripture reading?

What might God be calling you to repent of or realign in your life?

What would acting upon this or obeying God look like? Be curious...and then do it.

# TAKE IT DEEPER



## Live It Out

*What kinds of religious acts have you put your trust in to create a peaceful heart, things that make you feel like you are okay in God's eyes? Create some quiet time and space this week to ask Jesus to show you, and to show you that he is enough. Surrender these things to him.*

## Pray

Talk to God about his invitation to rest. What might that mean? What do you need?

Ask God to show you the difference between religion and relationship with him.

Thank God that true, deep rest...rest that enables you to stop striving, to lay down performance and anxiety, is found in Jesus.