

THE 2 COMMANDMENTS



August 13 & 14, 2022

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies. - 1 Corinthians 6:19-20 NIV

Reflect

Read the full passage in your Bible - 1 Corinthians 6:12-20.

What word or phrase is the Holy Spirit highlighting from the scripture reading?

What might be God's invitation to you in this?

What might be God's challenge to you in this?

How might God be calling you to respond?

Be curious...and then do it.

TAKE IT DEEPER



Pray

Talk to God about the tension between our culture and the messages it sends about this area AND the messages God is sending to you through scripture.

Pray this prayer each day this week... “Lord Jesus, make my heart, make our hearts and thoughts captive and obedient to you alone.”

Thank God for his faithfulness and commitment to form you and shape you more and more and more like Jesus.

Live It Out

Wrestle with this statement from 1 Corinthians 6:12, “I have the right to do anything—but I will not be mastered by anything.” Confess to God the things in your life that have had mastery over you. Ask him for strength today (and again tomorrow, and so on) to take your thoughts and actions captive to him alone. Surrender to him...to walk in his ways and live for his glory this week.